



## OCEANIA REGIONAL POWERLIFTING FEDERATION

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### 2023 ORPF General Assembly Maranatha Sports Hall – Honiara, Solomon Islands Monday, November 27, 2023 | Meeting Start Time: 10:00 AM

#### MEETING MINUTES

##### 1) Roll Call

IPF EC Members

- Robert Keller

ORPF Executive Committee

- Eric Jioje, President
- Dr. Gordon Thorogood, Treasurer
- Joel Ridings, Technical Chairman

Guests

- A. Minogue, CEO, Pacific Games
- Tony Wendt, New Caledonia
- Dominic Vaotoa, New Caledonia
- Frank Asj, American Samoa
- Maxine Edwards, Niue
- Ramsi Edwards, Niue
- Andi Fare Miro, Tahiti

ORPF Member Federation Delegates

- Viliame Lagonilakera / President, Fiji
- Josiah Maefonea / Solomon Islands, Secretary Gen
- Zan Djokovic / Solomon Islands, President
- Kenny Wendt / New Caledonia, Vice-President
- Peter Reid / American Samoa, President
- Tony Edwards / Niue, President
- Sidney Lui / Niue, Secretary General
- Pepe Fruen / Samoa, President
- Tumata Tahuaitu / Tahiti, President

##### - VOTE COUNT

- Start of AGM with 5 valid votes.
- During elections, the vote count moved to 6.

Joel Ridings was approved as the scrutineer to approve and count all the votes.

Note: Robert Keller welcomed everyone to the General Assembly. Robert Keller, on behalf of IPF President Gaston Parage his kind regards to the delegation and guests. He wished the attendees a successful General Assembly for the delegations to the athletes that shall compete at the Pacific Games. Gaston looks forward to working with the new ORPF EC that will be elected at this meeting. Robert Keller introduced Mr. Andrew Minogue, the CEO of the Pacific Games. Mr. Minogue related the Sport of Powerlifting will be held at the 2027 Pacific Games in Tahiti. Welcomed all the athletes, coaches, officials, and Referees to the Pacific Games.

Eric Jioje, current President of the ORPF, welcomed the attendees to Pacific Games. Mr. Jioje was acknowledged and thanked for his work over the past 4 years.



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### 2) Minutes from last General Assembly Meeting

- The minutes from the last General Assembly can be found on the following website:

<https://www.powerlifting-oceania.com/about-napf/general-assembly>

**Votes: Yes: 5 | No: 0 | Abstention: 0**

Robert Keller advised the attendees the ORPF Website was updated with all the required IPF AGM Reports, and previous General Assembly Minutes.

### 3) President's Report

The Pacific Island region, consisting of numerous small island nations and territories, faces several significant challenges in the sport of powerlifting. These challenges encompass various aspects, including infrastructure, access to resources, and competition opportunities. However, addressing these issues has the potential to yield numerous positive outcomes, not only for the development of powerlifting as sport in the region but also for the overall well-being of the Pacific Island communities in the region.

#### Challenges Faced by the Pacific Island Region:

- **Limited Infrastructure**: Many Pacific Island nations lack adequate training facilities and competition venues for powerlifting. This hinders the development of athletes and the organization of competitions.
- **Financial Constraints**: Financial limitations often prevent athletes and federations from acquiring proper equipment, hiring coaches, and participating in international events, thereby impeding their progress and this includes affiliation membership fees to regional and international parent bodies.
- **Access to Coaching and Education**: There is a shortage of qualified powerlifting coaches in the Pacific Island region. Athletes struggle to access proper coaching and educational resources, hindering their development.
- **Logistical Challenges**: The vast distances between islands and the limited transportation options make it difficult for athletes to attend training camps and competitions, causing isolation and reducing exposure to the international powerlifting community.

#### Positive Outcomes if Challenges are Addressed:

- **Improved Athlete Development**: Addressing infrastructure and coaching challenges will lead to the development of a stronger pool of powerlifting athletes in the Pacific Islands, potentially producing world-class competitors.



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- **Increased Participation**: Removing financial barriers will enable more athletes to participate in the sport. This will result in a broader talent pool and greater diversity within the sport.
- **Regional Unity**: Collaborative efforts to address challenges will foster unity among Pacific Island nations, leading to stronger regional ties and cooperation in various aspects of powerlifting development.
- **International Representation**: With improved resources and support, Pacific Island athletes will have increased opportunities to represent their nations at international competitions, enhancing the region's visibility in the global powerlifting community.

### **Recommendations:**

- **Invest in Infrastructure**: The ORPF should work with national governments and sports organizations to invest in modern training facilities and competition venues.
- **Financial Support**: Establish funding programs and grants to assist athletes and federations with equipment procurement and travel expenses for international competitions.
- **Coach Development**: Collaborate with international powerlifting organizations to provide coaching education programs and certifications in the Pacific Island region.
- **Regional Cooperation**: Encourage cross-border cooperation among Pacific Island nations for sharing resources, expertise, and hosting regional competitions.

In conclusion, the challenges faced by the Pacific Island region in powerlifting are significant but surmountable. By addressing these challenges, the Oceania Regional Powerlifting Federation can pave the way for a brighter future for the sport in the region, fostering athlete development, regional unity, and improved health outcomes. With the right support and collaboration, the Pacific Islands can become a force to be reckoned with in the world of powerlifting.

**Votes: Yes: 5 | No: 0 | Abstention: 0**

Note: Robert Keller acknowledged and thanked President Jioje for the past 4 years. It was not easy navigating the region through the pandemic. The IPF sends their sincere thanks for staying on course, and not resigning during this most difficult of times.



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### 4) Treasurer's Report - Auditors' Reports - Approval of Budget

For 2023 the ORPF has made a small profit as shown in the attached balance sheet. This is only because the development fund covered the expenses of the Oceania championships and countries paid their outstanding invoices as per the table below.

In 2024 the projected expenses indicate that the ORPF will run at a loss and will be reliant on the development fund to just break even. If memberships are not paid again the ORPF will run at a loss.

The ORPF uses PayPal which allows us to track when invoices have arrived, reminders have been sent and we are aware of when they have been viewed. Therefore, we can determine if a nation is making a false statement that they have not received their invoice. It is a regular occurrence for incorrect emails to be provided for invoicing which are then followed by numerous requests for invoices to be reissued. This will not occur in 2024, it will be the responsibility of the member nation to provide the correct contact details for invoicing and only a reminder will be issued.

In addition, when payments are made by bank transfer the invoice number must be quoted, several payments have been received with no identifiers whatsoever as to who the payment was made by. This will cause an issue in the next audit as the identity of the payer must be clearly indicated and the invoice number quoted.

#### **Of note:**

Tonga paid their 2021 membership into the account that was used for the 2023 Oceania's and not paid as per the invoice requirements. However, as the money was paid to assist in the running of the championships they have been credited as having paid for 2021.

Nouvelle Calédonie have not paid; however, they paid the equivalent in funds to support two of their officials to travel to the 2023 Oceania championships and so have been credited the amount.

The table below outlines the current financial status of all ORPF member nations.

Some of the countries have not provided either current or any contact information.

The ORPF uses PayPal which allows us to track when invoices have arrived, reminders have been sent and we are aware of when they have been viewed. Therefore, we can determine if a nation is making a false statement that they have not received their invoice.

D: membership covered from development funds due to covid.



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Country	2019	2020	2021	2022	2023
Niue	D	D	P	P	P
Samoa	D	D	P	P	P
New Zealand	D	D	P	P	P
Nauru	D	D	P	P	P
Tahiti	D	D	P	P	P
Solomon Islands	D	D	P	P	P
Tonga	D	D	P	O	O
Nouvelle Cal	D	D	P	P	P
Fiji	D	D	P	P	P
Tuvalu	D	D	O	O	O
Kiribati	D	D	O	O	O
PNG	D	D	P	O	O

P: ORPF fees paid.

O: ORPF fees outstanding.

Thank you,

Dr. Gordon Thorogood

Treasurer

Oceania Regional Powerlifting Federation

**Treasurers Report Approved**

**Votes: Yes: 5 | No: 0 | Abstention: 0**

Note: Dr. Thorogood stated to the ORPF Member Federations to please pay your ORPF Membership Fees on time. The fees need to be collected early, so he can pay the ASIC bill on time for 2024. Those members that have not paid will be reported to the IPF to assist in the collection of those fees. Gordon also related the region is heavily reliant on the IPF Development Funds. During 2023, the ORPF broke even, and will require the Development Monies for 2024 to have the Oceania Championships in New Caledonia. Dr. Thorogood spoke on the initiative that if member federations in the ORPF provide an International Referee at the Regional Championship, they shall reduce the amount of the ORPF Membership Fee. The rationale behind this, the Member Federations are contributed to the direction of the region and the regional championship, the member federation shall receive a discount. Assisting the member federations to reduce their costs, with the hope to reduce the membership fees to 0.



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### 2023 ORPF Financial Report

2023 ORPF Financial Report			
<b>REVENUE</b>			
<b>1</b>	<b>Fees</b>	<b>Budgeted</b>	<b>Actualized</b>
	Participation Fees	\$ -	\$ -
	Anti-Doping Fees	\$ -	\$ -
	Sanction Fees	\$ -	\$ -
	Membership Fees	\$ 3,600.00	\$ 6,300.00
	Sponsors	\$ -	\$ -
	Seminars	\$ -	\$ -
	<b>Total</b>	<b>\$ 3,600.00</b>	<b>\$ 6,300.00</b>
<b>EXPENDITURES</b>			
<b>2</b>	<b>Championships</b>	<b>Budgeted</b>	<b>Actualized</b>
	Participation Fees	\$ -	\$ -
	ORPF Staff/Travel/Hotels/Meals	\$ -	\$ 790.98
	<b>Total</b>	<b>\$ -</b>	<b>\$ 790.98</b>
<b>3</b>	<b>Anti-Doping</b>	<b>Budgeted</b>	<b>Actualized</b>
	Anti-Doping Fees	\$ -	\$ -
	Education Seminars	\$ -	\$ -
	<b>Total</b>	<b>\$ -</b>	<b>\$ -</b>
<b>4</b>	<b>Administrative</b>	<b>Budgeted</b>	<b>Actualized</b>
	Shipping	\$ -	\$ 56.00
	Government Registration	\$ 100.00	\$ 417.00
	Bank Account Fees (Wire Fees)	\$ -	\$ 121.00
	Web/Social Media	\$ -	\$ -
	Championship Awards	\$ -	\$ 994.62
	Certificates / Copies	\$ -	\$ 27.00
	Scoring Manager Stipend	\$ -	\$ -
	Professional / Accountant	\$ -	\$ -
	Post Office Box	\$ -	\$ -
	ORPF Delegate to IPF	\$ -	\$ -
	<b>Total</b>	<b>\$ 100.00</b>	<b>\$ 1,615.62</b>
<b>5</b>	<b>Development</b>	<b>Budgeted</b>	<b>Actualized</b>



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	Events	\$ -	\$ 1,344.45
	Equipment	\$ -	\$ 995.00
	<b>Total</b>	<b>\$ -</b>	<b>\$ 2,339.45</b>
<b>6</b>	<b>Media</b>	<b>Budgeted</b>	<b>Actualized</b>
	Livestream	\$ -	\$ -
	<b>Total</b>	<b>\$ -</b>	<b>\$ -</b>
<b>7</b>	<b>Total Revenue</b>	<b>Budgeted</b>	<b>Actualized</b>
	2023 Total Income	\$ 3,600.00	<b>\$ 6,300.00</b>
	2023 Total Expenditures	\$ 100.00	<b>\$ 4,746.05</b>
	2023 Net Profit	\$ 3,500.00	<b>\$ 1,553.95</b>

**Financial Report Approved**

**Votes: Yes: 6 | No: 0 | Abstention: 0**



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### 2024 ORPF Budget

2024 ORPF Budget			
<b>REVENUE</b>			
<b>1</b>	<b>Fees</b>	<b>Budgeted</b>	<b>Actualized</b>
	Participation Fees	\$ 5,000.00	
	Anti-Doping Fees	\$ 5,500.00	
	Sanction Fees	\$ 1,000.00	
	Membership Fees	\$ 3,900.00	
	Sponsors	\$ -	
	Seminars	\$ -	
	<b>Total</b>	<b>\$ 15,400.00</b>	<b>\$ -</b>
<b>EXPENDITURES</b>			
<b>2</b>	<b>Championships Fees</b>	<b>Budgeted</b>	<b>Actualized</b>
	Participation Fees	\$ 5,000.00	
	ORPF Staff/Travel/Hotels/Meals	\$ 8,000.00	
	<b>Total</b>	<b>\$ 13,000.00</b>	<b>\$ -</b>
<b>3</b>	<b>Anti-Doping Costs</b>	<b>Budgeted</b>	<b>Actualized</b>
	Anti-Doping Fees	\$ 5,500.00	
	Education Seminars	\$ -	
	<b>Total</b>	<b>\$ 5,500.00</b>	<b>\$ -</b>
<b>4</b>	<b>Administrative Costa</b>	<b>Budgeted</b>	<b>Actualized</b>
	2		
	Shipping	\$ 500.00	
	Government Registration	\$ 300.00	
	Bank Account Fees (Wire Fees)	\$ 200.00	
	Web/Social Media	\$ -	
	Championship Awards	\$ 2,000.00	
	Certificates / Copies	\$ 100.00	
	Scoring Manager Stipend	\$ 150.00	
	Professional / Accountant	\$ 500.00	
	Post Office Box	\$ 153.00	
	ORPF Delegate to IPF	\$ 3,500.00	
	<b>Total</b>	<b>\$ 7,403.00</b>	<b>\$ -</b>





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5	Development	Budgeted	Actualized
	Events	\$ -	
	Other events	\$ -	
	Equipment	\$ -	
	<b>Total</b>	<b>\$ -</b>	<b>\$ -</b>
6	Media	Budgeted	Actualized
	Livestream	\$ -	
	<b>Total</b>	<b>\$ 2,500.00</b>	<b>\$ -</b>
7	Total Revenue	Budgeted	Actualized
	2024 Total Income	\$ 15,400.00	
	2024 Total Expenditures	\$ 28,403.00	
	2024 Net Profit / Loss	\$ (13,003.00)	

**Budget Approved:**

**Votes: Yes: 5 | No: 0 | Abstention: 0**

Note: Gordon related the Financial Report for 2024 shall be audited, as all monies will go through the Oceania Account only. Gordon related that he sent the Financial Reports for this year to Dietmar Wolf to review and offer comments and feedback. Gordon also related that if we are not compliant, the IPF would not provide the Development Fund monies to the ORPF for 2024. Gordon expressed to the delegation members that it will be essential to have an audit of the financial reports for next year. Gordon thanked the member federations for their support.

During this report, one question was raised:

Question: Why are the Anti-Doping Fees not paid in Euros by the Member Federations?

Response: Per the ORPF Constitution your federation operates in AUD. The federation is registered and is audited in Australia. This is the reason why your region does not use the Euro.



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### 5) Secretary General's Report

As the General Secretary of the Oceania Regional Powerlifting Federation (ORPF), in the realm of sports administration, the role of a General Secretary is pivotal in ensuring the smooth functioning of an organization. I am tasked with numerous responsibilities related to the organization and management of powerlifting events within the Oceania region and this report delves into the multifaceted challenges faced by the General Secretary of the Oceania Regional Powerlifting Federation in organizing meetings, coordinating logistics for competitions, and managing the demanding task of traveling. Having said this, the ORPF represents a diverse region, encounters an array of unique hurdles that warrant a closer examination. Hence, this report aims to provide an overview of the challenges I have encountered in organizing meetings, coordinating logistics for competitions, and managing travel arrangements.

#### **Challenges in Organizing Meetings**

- Geographical Spread: One of the foremost challenges in organizing meetings within the ORPF is the vast geographical spread of our member countries. Oceania covers a vast expanse of the Pacific Ocean, which results in significant time zone differences and logistical difficulties when arranging virtual or in-person meetings.
- Diverse Cultural Norms: Our member countries span a diverse range of cultures, languages, and traditions. This diversity can pose challenges in communication, understanding, and decision-making during meetings.
- Budget Constraints: Securing funding for meetings, especially when they require international travel, can be a challenging endeavor. Our federation often relies on sponsorships and member contributions, which may not always be readily available.
- Scheduling Conflicts: Coordinating schedules among executive members and representatives from various countries can be complicated. Differences in work schedules, public holidays, and other commitments often lead to scheduling conflicts.
- Technology Barriers: Some member countries have limited access to advanced technology and internet connectivity. This can hinder the effectiveness of virtual meetings and make communication difficult.
- Stakeholder Engagement: The General Secretary must engage a diverse group of stakeholders, including member nations, athletes, coaches, and officials. Maintaining open channels of communication and addressing the varied concerns and expectations of these



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stakeholders poses a constant challenge. Achieving consensus on important decisions and maintaining transparency is essential for the federation's credibility and effectiveness.

### **Challenges in Organizing Logistics for Competitions**

- Venue Selection: Identifying suitable venues for powerlifting competitions is a complex task. Factors like accessibility, safety, and adherence to international standards must be carefully considered.
- Equipment Transport: Transporting powerlifting equipment across countries and regions can be expensive and logistically challenging. Ensuring that equipment is in good condition and arrives on time is crucial for the success of competitions.
- Regulatory Compliance: Compliance with local and international regulations, including doping control and safety measures, requires thorough planning and coordination with relevant authorities.
- Volunteer Coordination: Recruiting and coordinating volunteers for events can be time-consuming. Training and ensuring the availability of volunteers who are familiar with powerlifting rules and procedures is essential.
- Accommodation and Catering: Securing suitable accommodation and catering services for athletes, officials, and spectators can be costly and may vary greatly from one location to another.
- Budget Constraints: Powerlifting competitions require substantial financial resources for venues, equipment, accommodations, and travel expenses. The General Secretary faces the perpetual challenge of securing adequate funding and managing the federation's budget effectively. Balancing the allocation of resources among different aspects of competition logistics is crucial to ensure that competition is both high-quality and financially sustainable.

### **Challenges in Travel Arrangements**

- International Travel: The nature of the role often demands extensive international travel to attend meetings, oversee competitions, and represent the federation at global events. This continuous travel schedule can lead to physical and mental fatigue, affecting the General Secretary's ability to fulfill their responsibilities effectively. Additionally, the current global climate, with its unpredictability due to health crises, further complicates international travel plans.



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- Visa and Immigration Issues: Athletes, officials, and delegates from member countries often face visa and immigration challenges when traveling to compete or attend meetings. Ensuring a smooth visa application process can be demanding.
- Flight Bookings: Coordinating international flights for athletes and officials while considering budget constraints and availability of direct routes can be a logistical headache.
- Language Barriers: Dealing with language barriers when organizing travel arrangements for diverse groups of people can lead to misunderstandings and complications.

### **In Summary**

The role of the General Secretary of the Oceania Regional Powerlifting Federation involves overcoming a multitude of challenges related to organizing meetings, coordinating logistics for competitions, and managing travel arrangements. These challenges are further compounded by the vast geographical spread, cultural diversity, and budget constraints within our region. However, through effective communication, collaboration, and strategic planning, we continue to work towards the successful promotion of powerlifting in Oceania. The determination and dedication of our federation's members and partners remain essential in addressing these challenges and achieving our goals. However, by understanding these challenges and developing effective strategies to address them, the General Secretary can contribute significantly to the growth and success of the federation, fostering a thriving powerlifting community in the Oceania region. This report aims to shed light on these challenges and provide a foundation for ongoing improvement and adaptation in the face of evolving circumstances.

**Votes: Yes: 5 | No: 0 | Abstention: 0**



### 6) Committee Reports

#### Technical Committee Report

##### ORPF Technical Report 2023

2023 is the year we have seen the return of international competition in the Pacific for the first time since 2019 following the Pandemic. The Pandemic had our borders with our region closed for much longer than the rest of the world, and even more so this will likely affect travel costs for our nations and funding opportunities for the near future, we are hoping for a successful Pacific Games in November to renew national support for Powerlifting within our member nations. In April 2023 the Oceania Regional Powerlifting Championships were held in Niue - delayed from the planned 2022 event. It was a small but successful international event, with about 80 lifters from 4 nations represented, and referees from 3 others. This event was made possible by the great organizing by the Niue Powerlifting family hosting their first ever International Powerlifting event, and the incredible support for the event shown by the Nauru Powerlifting family, more than 80% of the lifters being from Nauru, and they even organized a charter flight making access to the event possible for not just their team but all the other teams, as well as the Referees. Thank you again to our Referees who traveled to make this event possible. As before, we continue to have issues regarding our lack of international referees within our region - for the Pacific Games so many referees are once again being flown from all around the world - however we are optimistically excited for the future as we will see 6 new examinees from 3 nations sit International Referee exams at the Pacific Games. Let me stress that we still have a long way to go regarding referees in our region before we can become self-sufficient. Referee training and understanding of the rules MUST be a major priority within our nations. We are currently meeting for the Pacific Games in Solomon Islands, and are expecting about 100 lifters over 2 days, and are very excited to see the opportunities that it brings to all of our member nations in our Pacific family!

Report prepared by Joel Riding

**Votes: Yes: 5 | No: 0 | Abstention: 0**

Note: Robert Keller related to the delegates that he requested for Joel Ridings to prepare the ORPF Technical Report for the General Assembly. Joel expressed his sincere thanks to Mr. Tony Edwards and to Sidney Lui for directing a very successful ORPF Regional Championship in Niue. Mr. Riding thanked all the referees and especially those member federations like New Caledonia, which sent referees to ORPPF Regional Championships. New Caledonia's efforts was one of the primary reasons the event was a success. Key and important message from Mr.



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Ridings, all of the member federations must certify referees in order for the region to become more independent and not rely on outside help from the IPF, or for that matter the other regional federations for assistance.

### 7) National Reports

- No National Reports Received

### 8) New Member Federation Applicants

- American Samoa

Commentary: Robert Keller, Secretary General, commented the IPF has approved and accepted American Samoa as a provisional member of the IPF and assigned them to the Oceania Region. Per the IPF, the ORPF is not required to vote or approve this member federation. American Samoa shall remain a provisional member for one year, before being recommended for Full Membership. Robert welcomed America Samoa to the IPF family! Robert and Gordon met with the President of the Sports Council for the Northern Mariana Islands. Robert Keller to follow up.

### 9) Elections

- **President**

Tony Edwards (Niue)

**Votes: Yes: 5 | No: 0 | Abstention: 0**

- **IPF EC Board Member**

Tony Edwards (Niue)

**Votes: Yes: 5 | No: 0 | Abstention: 0**

Note: Mr. Tony Edwards will be proposed to the IPF EC to fill the Oceania Position on the IPF Executive Committee.

- **Vice-President**

Veronica Manning (New Zealand)

**Votes: Yes: 5 | No: 0 | Abstention: 0**

- **Secretary General**

Sidney Lui (Niue)

**Votes: Yes: 5 | No: 0 | Abstention: 0**



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- **Treasurer**

Dr. Gordon Thorogood (Samoa)

**Votes: Yes: 6 | No: 0 | Abstention: 0**

- **Technical Chairman**

Joel Ridings (Kiribati)

**Votes: Yes: 6 | No: 0 | Abstention: 0**

Note: Next year, the ORPF EC shall stream the General Assembly for full transparency.

Important Note: Prior to the vote for the ORPF Treasurer, Samoa resolved their outstanding IPF Membership Fees with the IPF. At this point, Samoa was able to vote in the GA. Special thanks to Samoan President Mr. Pepe Fruen. The vote count moved from 5 votes to 6 votes.

Dr. Thorogood then became eligible to be voted in as Treasurer of the ORPF.

Note: Once the Australia Powerlifting Alliance (APA) becomes a member federation of the IPF, they will be assigned to the Oceania Region. It is recommended that a delegate from the APA be appointed to the Executive Committee and the Commissions that will be established.

During the elections, a question was posed whether or not Veronica Manning was required to be present for the elections? The reply provided to the AGM by Robert Keller and Gordon. It is not necessary for a candidate to be present to be elected.

Editorial note: Veronica Manning was an exceptional candidate, is a practicing Barrister in New Zealand, as well as an active athlete. She also serves as the IPF Safeguarding Officer. She will be a welcome addition to your board.



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### 10) Proposals

#### Constitution Change #1

##### **Original:**

##### **2.1 Emblem**

An official emblem will be developed and maintained for the ORPF, it will be presented at the 2019 General Assembly for approval.

##### **Change:**

##### **2.1 Emblem**

An official emblem will be developed and maintained for the ORPF, it **was** presented at the 2019 General Assembly for approval.

##### **Why:**

We now have the emblem and so 2.1 needs to be updated.

**Motion Approved | Vote: Yes: 6 | No: 0 | Abstention: 0**

#### Constitution Change #2

##### **Original:**

##### **2.2 Flag**

2.2.1 An official flag will be developed and maintained for the ORPF, it will be presented at the 2019 General Assembly for approval.

##### **Change:**

##### **2.2 Flag**

2.2.1 An official flag will be developed and maintained for the ORPF, it **was** presented at the 2019 General Assembly for approval.

##### **Why:**

We now have the emblem and so 2.1 needs to be updated.

**Motion Approved | Vote: Yes: 6 | No: 0 | Abstention: 0**





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### Constitution Change #3

#### **Original:**

##### **12.1 Subscription**

The General Assembly will determine the amount of the annual subscription to the ORPF for each following year. The subscription is payable during the first month of the year. Upon receiving payment, a certificate of membership will be issued by the Treasurer. Any country, which has not paid its subscription for the current year, cannot participate or vote in the various meetings of the ORPF. Its lifters cannot take part in competitions or meetings organised under the rules of the ORPF and IPF, nor obtain ratification of their records. A reminder letter shall be sent to every national federation, which has not paid its subscription by the end of January.

#### **Amended Change:**

##### **12.1 Subscription**

The General Assembly will determine the amount of the annual subscription to the ORPF for each following year. The subscription is payable during the first month of the year. ~~A country will receive an AUD \$100 discount on their fees if that country has a registered international referee up to AUD \$200. Upon receiving payment, a receipt will be issued by the Treasurer.~~ A country will receive an AUD \$100 discount on their fees if that country has a registered international referee, or AUD \$200 for 2 or more referees. Upon receiving payment, a receipt will be issued by the Treasurer. Any country, which has not paid its subscription for the current year, cannot participate, or vote in the various meetings of the ORPF. Its lifters cannot take part in competitions or meetings organised under the rules of the ORPF and IPF, nor obtain ratification of their records. A reminder letter shall be sent to every national federation which has not paid its subscription by the end of January.

#### **Why:**

We need more international referees and if a country is contributing to the region by supporting international referees, then they should receive a benefit such as a discount on their fees.

**Motion was amended. Approved | Vote: Yes: 6 | No: 0 | Abstention: 0**

**Amended Motion Approved | Vote: Yes: 6 | No: 0 | Abstention: 0**



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### Constitution Change #4

#### Original:

#### 103.2 ORPF Subscription and Fees

Following payment of ORPF sanction fees, sanction will still be required from the Championships Secretary. For all ORPF competitions a sanction fee will be required as below.

1. 103.2.1 National affiliations (annually): AUD \$300
2. 103.2.2 Sanction fee for International matches: AUD \$200
3. 103.2.3 Sanction fee for Oceania Regional Championships AUD \$1000
4. 103.2.4 Sanction fee for Sub-Regional Championships AUD \$500
5. 103.2.5 Sanction fee for Pacific Games AUD \$200
6. 103.2.6 Doping test fee for each lifter entered: AUD \$75
7. 103.2.7 Participation fee for each nominated lifter. AUD \$100

An annual membership fee as stipulated above in 103.2.1 must be paid by the member federations prior to the General Assembly each year to have voting rights at the General Assembly of that particular year.

The ORPF shall be responsible for providing all necessary medals, 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> for all competing categories and classes (refer to 104.4 for medals or certificates for individual lifts). The category and class medals are to be ordered by the Treasurer at least three months prior to the championships.

The participating national federations shall pay a doping test fee of AUD \$75 for each lifter entered and declared at the preliminary entry form. In addition to the doping test fee, participating national federations shall pay a participation fee of AUD \$100 per lifter for each lifter entered and declared on the preliminary entry form. No such fees are to be paid for nominated reserve lifters if not replacing any of the nominated lifters. If a hotel reservation fee is specified in the invitation for the competition, the same rule and time limits as above shall apply for nominated lifters and officials.

Furthermore, the maximum banquet fee is AUD \$60 for each lifter and official, which participates at the banquet. The fee charged shall reflect the actual cost level in the hosting country.

**Motion Approved | Vote: Yes: 6 | No: 0 | Abstention: 0**



## OCEANIA REGIONAL POWERLIFTING FEDERATION

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### Change:

Following payment of ORPF sanction fees, sanction will still be required from the Championships Secretary. For all ORPF competitions a sanction fee will be required as below.

1. 103.2.1 National affiliations (annually): AUD \$300
2. 103.2.2 Sanction fee for International matches: AUD \$200
3. 103.2.3 Sanction fee for Oceania Regional Championships AUD \$1000
4. 103.2.4 Sanction fee for Sub-Regional Championships AUD \$500
5. 103.2.5 Sanction fee for Pacific Games AUD \$200
6. 103.2.6 Doping test fee for each lifter entered: **as per the IPF fee from the preceding IPF general assembly plus 5% to cover transfers and exchange rate variations.**
7. 103.2.7 Participation fee for each nominated lifter. AUD \$100

An annual membership fee as stipulated above in 103.2.1 must be paid by the member federations prior to the General Assembly each year to have voting rights at the General Assembly of that particular year. **Which is also subject to discount for maintaining international referees.**

The ORPF shall be responsible for providing all necessary medals, 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> for all competing categories and classes (refer to 104.4 for medals or certificates for individual lifts). The category and class medals are to be ordered by the Treasurer at least three months prior to the championships.

The participating national federations shall pay a doping test fee **as per the IPF fee from the preceding IPF general assembly plus 5% to cover transfers and exchange rate variations** for each lifter entered and declared at the preliminary entry form. In addition to the doping test fee, participating national federations shall pay a participation fee of AUD \$100 per lifter for each lifter entered and declared on the preliminary entry form. No such fees are to be paid for nominated reserve lifters if not replacing any of the nominated lifters. If a hotel reservation fee is specified in the invitation for the competition, the same rule and time limits as above shall apply for nominated lifters and officials.

Furthermore, the maximum banquet fee is AUD \$60 for each lifter and official, which participates at the banquet. The fee charged shall reflect the actual cost level in the hosting country.

**Why:** We are losing a lot of money, basically AUD\$50 per lifter due to variations in exchange rates and the fact that the IPF has raised the cost and can do so at a general assembly. There is a long lag time before the change flows through to the ORPF general assembly. By having it linked to the IPF general assembly this change should fix that.

**Motion Approved | Vote: Yes: 6 | No: 0 | Abstention: 0**



## OCEANIA REGIONAL POWERLIFTING FEDERATION

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### Constitution Change #5

#### **Original:**

##### **105.5 Nomination**

1. 105.5.1 Nomination of lifters and officials to participate in ORPF competitions shall be received by the ORPF Championship Secretary with a copy to the Competition Promoter within following time limits:

- Preliminary nomination not later than 60 days before the Date of each ORPF competition.
- Final nomination, submitted not later than 21 days before the date of the Championship, must be made from those nominated in preliminary nomination.
- Later entries will not be accepted.
- The Executive Committee has the power to vary the final date for Preliminary nomination for any particular competition in the case of the event being a minor ORPF competition or an exhibition type event, or following any major change in circumstance regarding the competition (change of host nation, natural disaster etc).

#### **Change:**

1. 105.5.1 Nomination of lifters and officials to participate in ORPF competitions shall be received by the ORPF Championship Secretary with a copy to the Competition Promoter within following time limits:

- Preliminary nomination not later than 60 days before the Date of each ORPF competition.
- Final nomination, submitted not later than 21 days before the date of the Championship, must be made from those nominated in preliminary nomination.
- Later entries will not be accepted.
- **All participation and doping test fees must be paid into the ORPF bank account at the time of final nominations.**
- The Executive Committee has the power to vary the final date for Preliminary nomination for any particular competition in the case of the event being a minor ORPF competition or an exhibition type event or following any major change in circumstance regarding the competition (change of host nation, natural disaster etc).

#### **Why:**

We need to do this so that we can have the accounts audited against what we say we are going to charge. If those fees are paid into a different account, then we are running two separate books,

**Motion Approved | Vote: Yes: 6 | No: 0 | Abstention: 0**



## OCEANIA REGIONAL POWERLIFTING FEDERATION

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### Constitution Change #6

#### Original:

##### 107.1 Order of Business

An agenda shall be prepared by the Secretary General and circulated to all member federations at least 30 days prior to the ORPF General Assembly. All items on the agenda shall take precedence over all other business. Members wishing to introduce any other business for the consideration of the meeting may only do so after the business on the agenda has been completed.

#### Change:

An agenda shall be prepared by the Secretary General and circulated to all member federations at least 30 days prior to the ORPF General Assembly. **Motions must be received 60 days before, so they can be reviewed and presented to the IPF Law and Legislation Committee.** All items on the agenda shall take precedence over all other business. Members wishing to introduce any other business for the consideration of the meeting may only do so after the business on the agenda has been completed.

#### Why:

We need to align the ORPF constitution with the IPF constitution,  
**Motion Approved | Vote: Yes: 6 | No: 0 | Abstention: 0**



## OCEANIA REGIONAL POWERLIFTING FEDERATION

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### Reminder to National Federations

**Note 105.13 will remain and be enforced.**

#### **105.13 Including a Referee in National Teams, Fine, Restriction**

Any nation, being a member of IPF more than 5 years, participating with more than 3 lifters in an ORPF competition, as nominated at the final entry form must include at least one international referee among its team officials available for refereeing or being a member of the jury at least two days. The host federation can nominate six referees. If a referee from that nation is not present or, if present, is not available to act in the capacity of either referee or member for jury at least two days during the competition, the lifters are allowed to take part, but a ~~fine~~ levy of AUD \$250 must be paid by the nation (If the member nation has no current international category referees listed by the IPF the fine shall not apply.). The ORPF treasurer must receive such payment before lifters from that nation are allowed to take part in the ORPF competition. This payment shall be allocated to the Sport Development fund to further fund Referee development programs.

105.13.1 Each national federation must specify on the nomination form the weight categories in which their referees are available for refereeing. After the final nomination date, the ORPF Technical Committee Chairman issues a referee list for the entire competition schedule. Any changes of a referee's duty may be reported to the Technical Committee Chairman until 14 days prior to the competition. After that date the referees cannot expect to officiate in other duties than specified on the referees' duty list.

105.13.2 Referee duties, specified by the Technical Committee, are mandatory 14 days prior to the technical meeting. However, federations may allocate duties between their own referees upon agreement by the Technical Committee Chairman. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or AUD \$100 fine dependant of the reason and decided by the jury in cooperation with the Technical Committee Chairman.

**Motion Approved | Vote: Yes: 6 | No: 0 | Abstention: 0**

Note: Pepe Fruen, Samoan President, recommended that ALL ORPF Member Federations have until 2027 to certify one referee, so the ORPF Member Federations are not fined when attending the ORPF Oceania Regional Championship.



## OCEANIA REGIONAL POWERLIFTING FEDERATION

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### 11) Delinquent Nations

#### - ORPF Membership Fees

Kiribati

Papua New Guinea

Tonga

Tuvalu

#### - IPF Member Fees

~~New Caledonia~~

Papua New Guinea

~~Samoa~~

Tonga

Tuvalu

**Note:** The ORPF advised those member federations that do not pay their IPF Membership Fees shall be placed on the Agenda for the IPF General Assembly meeting for exclusion. Member federations shall be contacted during early January 2024 to determine what they each plan to do in terms of taking care of their outstanding fees.

### 12) Hall of Fame

- Female: Pam Cutjar (Official, Tonga)

- Male: Jezza Uepa (Athlete, Nauru)

### 13) Future Championships and Events

- 2024 ORPF General Assembly

- 2024 ORPF Oceania Regional Bench Press and Powerlifting Championships

Noumea, New Caledonia (**Confirmed**)

The ORPF EC will make a request to the IPF EC to have a sub-regional championship for the French speaking countries to be combined with the 2024 ORPF Oceania Regional Championship. Robert Keller explained the process for the Francophone sub-regional championship must first be approved by the IPF EC, before being able to add it to the IPF Calendar of Events. The ORPF will be required to send the dates for their Regional Championships by January 15, 2024. Once the dates are received for the Regional Championship, the IPF Calendar of Events will be updated. The new ORPF EC shall discuss whether or not it will be feasible to separate the Oceania Powerlifting and Bench Press Championships into two separate events, held at different times of the year. This matter remains pending and will be resolved by the ORPF EC.



## OCEANIA REGIONAL POWERLIFTING FEDERATION

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-2025 ORPF General Assembly

-2025 ORPF Regional Bench Press and Powerlifting Championships

The ORPF shall approach New Zealand to have this event.

-2026 ORPF General Assembly

-2026 ORPF Regional Bench Press and Powerlifting Championships

Papeete, Tahiti

Confirmed

### 14) Any Other Business

- Maxine Edwards was appointed to oversee Social Media Representative for the ORPF.
- Samoa requested the status on having virtual competitions. Robert Keller responded to Mr. Fruen, he will ask this question to Gaston and shall respond back by email.
- Samoa proposed having the medals for the squat, bench press and deadlift. Robert Keller supported this initiative. The new ORPF Executive shall discuss this recommendation. The suggestion shall attract more lifters to the ORPF Regional Championship as it will offer more opportunities for the athletes to win medals, especially the lifters that do not place in the overall. The IPF encourages the ORPF to adopt the motion by Mr. Fruen.

### 15) Adjournment

Meeting adjourned at 11:30 AM

Meeting Minutes prepared by:

Robert Keller  
Secretary General  
International Powerlifting Federation  
Honiara, Solomon Islands